

## He that eateth me, even he shall live by me

### A.B. Simpson:

What the children of God need is not merely a lot of teaching, but the Living Bread. The best wheat is not good food. It must be ground and baked before it can be digested and assimilated to nourish the system. The purest and the highest truth cannot of itself sanctify or satisfy a living soul. Christ breathes the New Testament message from His mouth with a breath of quickening power. It is as we abide in Him, and drink in His very life that we are nourished, quickened, comforted and healed. This is the secret of divine healing. It is not believing a doctrine, it is not performing a ceremony, it is not wringing a petition from the heavens by the logic of faith and the force of our wills; it is the in breathing of the life of God, it is the living touch which none can understand except those whose senses are exercised to know the realities of the unseen world. Often, therefore, a very little truth will bring us much more help and blessing than a great amount of instruction.