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Sacred nourishment

(Thomas Watson, "Comfort for the Church")

What profit is it, to have the Bible in our heads, but not in our hearts? It is better to practice one truth, than to know all truths.

The Lord gives us His precepts, as a physician gives the patient his prescriptions—**to take and apply**. This is the end are all God's institutes—that we may, by practice, apply them for the purging out of sin and bringing the soul into a more holy temper.

God gives us His Word as the mother gives the child the breast—**not only to look upon, but to draw from**. Many have gone to hell with the breast in their mouths, because they have not drawn it, and turned the milk of the Word into sacred nourishment.