

**General Topics :: To grind in the mill house of our mind****To grind in the mill house of our mind, on: 2014/9/1 15:20**

This morning as I was walking and talking with the Lord I pondered how the mind works. In my mind's eye I saw one who was utterly exhausted in their mind. The wheels and the machinations of the heart were in constant motion with worrying and anxiety and stress. It seemed to be like the slaves of old who were attached to grind stones in the flour mills of their enemies. Where all day long they would walk in a circle pushing a beam which would in turn move cogs and pulleys and thus move the enormous mill stones and grind the wheat into flour. Each pulley, each cog representing stress and anxiety and worry. The slave himself generating his own anxiety and worry by virtue of being attached to the beam and compelled to push in a never-ending servitude.

Then I saw the same flour mill, only this time it was beside a river and a wheel had been set. The water turned the wheel and the wheel powered the cogs and the pulleys and this in turn caused the great mill stone to turn without any human effort. In each case flour was produced, yet in one case there was a slave and in the other case there was no need for slavery.

Now many may say that anxiety and worry and stress and fear is caused by the enemy or our circumstances, yet Jesus commands us to be "anxious for nothing." Why would the Lord command us to do something that was not in our power to do? In fact He has commanded us to do something that is very much within our grasp, He has commanded us to choose. The Lord has called His children to freedom. There is a river whose streams make glad the city of God, the Holy place where the most high dwells (Psalm 46:4) To dwell beside the river of God is to be nourished by God Himself. Those who have the river of God flowing through them, those to whom God pours into them living waters, it is those who are like evergreen trees who continually produce fruit in season and out of season. They are like evergreen trees in the garden of the Lord and they walk in a peace that surpasses understanding.

Now brothers and sisters. Can you say you are like an evergreen tree set by the river of God and empowered by the Holy Spirit to run and not grow weary? Or perhaps you have allowed yourself to become attached to the beam and have become enslaved to the grind of this world? God knows how to feed His children, God has called His children to freedom. He has not given us a spirit of fear, but a spirit of love and of power and of a sound mind. Today He is calling you to peace.....bro Frank

Re: To grind in the mill house of our mind, on: 2014/9/1 15:32

amen.....(I ALWAYS know when the post is yours my beloved brother, just by the title alone.....much love, neil)

well spake...or well writ.

Re: , on: 2014/9/1 22:10

Thank you bro Neil. Lets talk soon.....bro Frank