

General Topics :: Lent Season 2019 on SermonIndex**Lent Season 2019 on SermonIndex - posted by sermonindex (), on: 2019/3/5 18:20**

Saints,

Let us experience our community, the Body of Christ, in a new and startling way, beginning in deep reflections through prayer and fasting that encourages us to put off the things of earth and flesh. At the same time looking for and experiencing Jesus in the needy or neglected that we can help. Knowing that we have the hope that the world is dying for, shall we not offer it?

The Lent season begins tomorrow on Wednesday. We will try and post daily or bi-daily on this thread.

This is a wonderful season of 40 days to ask God for special grace to overcome in areas, add spiritual disciplines to your life and then anticipate and celebrate afresh the death and resurrection of Christ.

Feel free to share your daily blessings and thoughts on this Lent.

May it be a meaningful season for you dear brothers and sisters as we put our gaze on the Living Christ who we are called to be intimate relationship with daily.

here is also a recommended free booklet by Dr. K.P. Yohannan, titled "The Seasons of Lent." signup here to receive it: <https://www.gfa.org/lent/subscribe/>

Re: Lent Season 2019 on SermonIndex - posted by sermonindex (), on: 2019/3/6 8:35

March 6 - Ash Wednesday

In the tradition of most of the Church today people go to Church and receive a sign of the cross in ash on their forehead symbolizing repentance and that you identify with Christ's suffering and death which we will celebrate in 40 days from now.

This is the time of preparation now. A special time to fast, pray, and start a new spiritual discipline for this 40 days. Perhaps praying on your knees if you do not, or praying extra times each day. Or perhaps it is giving up something that distracts from your spiritual life. Spend these 40 days also not just introspecting yourself but look outside yourself to others, see the needy, poor, hurting, be Jesus to them.

Holiness, I discovered, is not a state of being, but a continuing process.

excerpt from Road to Reality

by Dr. K.P. Yohannan, Metropolitan

PRAY

Almighty and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 51:1-17

Prayer for Cleansing and Pardon

To the leader. A Psalm of David, when the prophet Nathan came to him, after he had gone in to Bathsheba.

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.
Wash me thoroughly from my iniquity,
and cleanse me from my sin.

For I know my transgressions,
and my sin is ever before me.
Against you, you alone, have I sinned,
and done what is evil in your sight,
so that you are justified in your sentence
and blameless when you pass judgement.
Indeed, I was born guilty,
a sinner when my mother conceived me.

You desire truth in the inward being;
therefore teach me wisdom in my secret heart.
Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.
Let me hear joy and gladness;
let the bones that you have crushed rejoice.
Hide your face from my sins,
and blot out all my iniquities.

Create in me a clean heart, O God,
and put a new and right spirit within me.
Do not cast me away from your presence,
and do not take your holy spirit from me.
Restore to me the joy of your salvation,
and sustain in me a willing spirit.

Then I will teach transgressors your ways,
and sinners will return to you.
Deliver me from bloodshed, O God,
O God of my salvation,
and my tongue will sing aloud of your deliverance.

O Lord, open my lips,
and my mouth will declare your praise.
For you have no delight in sacrifice;
if I were to give a burnt offering, you would not be pleased.
The sacrifice acceptable to God is a broken spirit;
a broken and contrite heart, O God, you will not despise.

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Note: We have featured a new sermon on the brevity of our life, as dust we have come and to dust we return. Our life is like a vapor. Leonard Ravenhill expands on this and calls for surrender and service to Christ, to give our short life away to the Lord for others. This is an excellent call for us at lent season.

What is your Life? by Leonard Ravenhill

<https://www.sermonindex.net/modules/mydownloads/singlefile.php?lid=6704&commentView=itemComments>

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Re: Lent Season 2019 on SermonIndex - posted by davidkeel (), on: 2019/3/6 12:53

I look forward to this, thank you.

Re: - posted by sermonindex (), on: 2019/3/6 21:04

Here is a devotional message by K.P. Yohannan, Metropolitan on Lent Season that will be helpful for us to read as we begin this journey for the next 40 days:

Tomorrow marks the first day of Lent. It is one of the oldest holy days on the Christian calendar. As Christians, we have many holidays that we celebrate throughout the year such as Christmas, Palm Sunday and Easter. Lent is a special time like those when we can stop and remember what our lives here on earth are about.

Without even realizing it, we so easily become like the world around us. Lent is a time when believers can step back and remember that we are not of this world. It is an opportunity to choose to deliberately turn our gaze to Christ and provide an environment for accelerated spiritual growth for ourselves by making deliberate choices—choices that refocus our walk with Christ by giving up something, adding spiritual disciplines into our lives and giving to others. It is all in preparation to remember what Christ has done for us and His Resurrection on Easter.

A.W. Tozer in *Of God and Men* says: “But the spiritual climate into which many modern Christians are born does not make for vigorous spiritual growth. Indeed, the whole evangelical world is to a large extent unfavorable to healthy Christianity. We will never know what it means to touch the living God and enter into the incredible presence of God, without us deciding to take the time to kneel down and spend that extra half hour with God in order to grow in our relationship with Him.

But do you think our flesh likes it? Absolutely not. Everything within our soulish life, our mental faculty, our will, our emotion, absolutely fights to make us stop it. As a matter of fact, any serious spiritual exercise you want to do will be met with immediate counter-attack. We have to choose to embrace the Cross and accept the inconveniences.

As believers, we are called to be separate, to be God’s. The things of the world, the lust of the flesh, the lust of the eyes and the pride of life are constantly before us as temptations that can distance us from God. Our lives are constantly preoccupied, thinking from morning until we go to bed all about us—our children, our homes, our clothes. Our prayer time can be taken over by our needs and concerns, our wishes and fears, instead of seeing beyond our world to the others whom God also sees and is concerned about. God’s heart weeps, and He aches, and He wants to share that with us.

As the body of Christ, we are called to live in this world but not of it. Think about Colossians 3:1-4: “Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. Lent gives believers the opportunity to choose to embrace an invitation to draw closer to the Lord and meditate on Him, to pull away from the day-to-day norm to reflect, repent and pray in the light of God’s Word and the life of Jesus Christ our Savior.

As we look toward the anniversary of Christ’s death and resurrection, may our lives be renewed with hunger and passion for the Lord and recognize how we’ve allowed ourselves to drift away from Him by letting others and other things take His place in our hearts.

Lord, let this be a season of deep joy as we meditate upon Your mercy and once again experience the wonder of Your life and death and resurrection. You did it for us. We determine to follow after You.

Your holy presence

my spirit longs for

but my flesh rebels

Kyrie-Eleison.*

Memories of duties neglected

prompting of Your Spirit

ignored and disobeyed

Kyrie-Eleison.

When the poor and needy

knocked at my door

now I know it was You

Kyrie-Eleison.

Thank You for grace

mercy and forgiveness

Here I am on my knees

Kyrie-Eleison.

*Greek: Lord, have mercy.

from: <https://www.bec.org/devotionals/gods-heart-aches-and-he-wants-to-share-that-with-us>

Re: - posted by sermonindex (), on: 2019/3/7 8:17

March 7

PRAYER

Direct us, O Lord, in all our doings with your most gracious favour, and further us with your continual help; that in all our works begun, continued, and ended in you, we may glorify your holy Name, and finally, by your mercy, obtain everlasting life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 37:1-17

Exhortation to Patience and Trust

Of David.

Do not fret because of the wicked;
do not be envious of wrongdoers,

for they will soon fade like the grass,
and wither like the green herb.

Trust in the Lord, and do good;
so you will live in the land, and enjoy security.
Take delight in the Lord,
and he will give you the desires of your heart.

Commit your way to the Lord;
trust in him, and he will act.
He will make your vindication shine like the light,
and the justice of your cause like the noonday.

Be still before the Lord, and wait patiently for him;
do not fret over those who prosper in their way,
over those who carry out evil devices.

Refrain from anger, and forsake wrath.
Do not fret—it leads only to evil.
For the wicked shall be cut off,
but those who wait for the Lord shall inherit the land.

Yet a little while, and the wicked will be no more;
though you look diligently for their place, they will not be there.
But the meek shall inherit the land,
and delight in abundant prosperity.

The wicked plot against the righteous,
and gnash their teeth at them;
but the Lord laughs at the wicked,
for he sees that their day is coming.

The wicked draw the sword and bend their bows
to bring down the poor and needy,
to kill those who walk uprightly;
their sword shall enter their own heart,
and their bows shall be broken.

Better is a little that the righteous person has
than the abundance of many wicked.
For the arms of the wicked shall be broken,
but the Lord upholds the righteous.

Re: - posted by sermonindex (), on: 2019/3/8 13:55

March 8

PRAYER

Support us, O Lord, with your gracious favour through the fast we have begun; that as we observe it by bodily self-denial, so we may fulfill it with inner sincerity of heart; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 31

Prayer and Praise for Deliverance from Enemies

To the leader. A Psalm of David.

In you, O Lord, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.
Incline your ear to me;
rescue me speedily.
Be a rock of refuge for me,
a strong fortress to save me.

In you, O Lord, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.
Incline your ear to me;
rescue me speedily.
Be a rock of refuge for me,
a strong fortress to save me.

You hate those who pay regard to worthless idols,
but I trust in the Lord.
I will exult and rejoice in your steadfast love,
because you have seen my affliction;
you have taken heed of my adversities,
and have not delivered me into the hand of the enemy;
you have set my feet in a broad place.

Be gracious to me, O Lord, for I am in distress;
my eye wastes away from grief,
my soul and body also.
For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away.

I am the scorn of all my adversaries,
a horror to my neighbours,
an object of dread to my acquaintances;
those who see me in the street flee from me.
I have passed out of mind like one who is dead;
I have become like a broken vessel.
For I hear the whispering of manyâ€™
terror all around!â€™
as they scheme together against me,
as they plot to take my life.

But I trust in you, O Lord;
I say, â€™You are my God.â€™
My times are in your hand;
deliver me from the hand of my enemies and persecutors.
Let your face shine upon your servant;
save me in your steadfast love.
Do not let me be put to shame, O Lord,
for I call on you;
let the wicked be put to shame;

let them go dumbfounded to Sheol.
Let the lying lips be stilled
that speak insolently against the righteous
with pride and contempt.

O how abundant is your goodness
that you have laid up for those who fear you,
and accomplished for those who take refuge in you,
in the sight of everyone!
In the shelter of your presence you hide them
from human plots;
you hold them safe under your shelter
from contentious tongues.

Blessed be the Lord,
for he has wondrously shown his steadfast love to me
when I was beset as a city under siege.
I had said in my alarm,
"I am driven far from your sight."
But you heard my supplications
when I cried out to you for help.

Love the Lord, all you his saints.
The Lord preserves the faithful,
but abundantly repays the one who acts haughtily.
Be strong, and let your heart take courage,
all you who wait for the Lord.

QUOTE

Fasting is like medicine. But like all medicines, though it be very profitable to the person who knows how to use it, it frequently becomes useless, and even harmful, in the hands of him who is unskillful in its use. I have said these things, not that we may disparage fasting, but that we may honour fasting. For the honour of fasting consists not in abstinence from food, but in withdrawing from sinful practices, since he who limits his fasting only to abstaining from meat is one especially who disparages fasting. Do you fast? Give me proof of it by your works. By what kind of works? If you see a poor man, take pity on him. If you see an enemy, be reconciled with him. If you see a friend gaining honour, do not be jealous of him. If you see a beautiful woman, pass her by. And let not only the mouth fast, but also the eye and the ear and the feet and the hands and all members of your bodies.
Saint John Chrysostom

Re: - posted by sermonindex (), on: 2019/3/10 22:05

First Sunday in Lent

PRAYER

Thematic Prayer

God of wilderness and water,
your Son was baptized and tempted as we are.
Guide us through this season,
that we may not avoid struggle,

but open ourselves to blessing,
through the cleansing depths of repentance
and the heaven-rending words of the Spirit. Amen.

Intercessory Prayer

Beloved friends, in this season of repentance and healing,
we accept God's invitation to be ever-mindful of the needs of others,
offering our prayers on behalf of God's community in the church and the world.

Prayers of the People, concluding with:

Fill us with your strength
to resist the seductions of our foolish desires
and the tempter's vain delights,
that we may walk in obedience and righteousness,
rejoicing in you with an upright heart. Amen.

Scripture Prayer

God of deliverance and freedom,
you taught the people of Israel
to acknowledge that all things
come from your bountiful hand.
Deepen our faith
so that we may resist temptation
and, in the midst of trial,
proclaim that Jesus Christ is Lord,
now and for ever. Amen.

READING

Psalm 91:1-2, 9-16
Assurance of God's Protection

You who live in the shelter of the Most High,
who abide in the shadow of the Almighty,
will say to the Lord, "My refuge and my fortress;
my God, in whom I trust."

Because you have made the Lord your refuge,
the Most High your dwelling-place,
no evil shall befall you,
no scourge come near your tent.

For he will command his angels concerning you
to guard you in all your ways.
On their hands they will bear you up,
so that you will not dash your foot against a stone.
You will tread on the lion and the adder,
the young lion and the serpent you will trample under foot.

Those who love me, I will deliver;
I will protect those who know my name.
When they call to me, I will answer them;
I will be with them in trouble,

I will rescue them and honour them.
With long life I will satisfy them,
and show them my salvation.

Re: - posted by sermonindex (), on: 2019/3/11 10:17

March 11 - Monday

“The measure to which I will manifest the life of Christ is the same measure to which I am willing to put my self to death.”

excerpt from Road to Reality

by Dr. K.P. Yohannan, Metropolitan

PRAYER

Almighty and everlasting God, mercifully increase in us your gifts of holy discipline, in almsgiving, prayer, and fasting; that our lives may be directed to the fulfilling of your most gracious will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 41

Assurance of God's Help and a Plea for Healing

To the leader. A Psalm of David.

Happy are those who consider the poor;
the Lord delivers them in the day of trouble.
The Lord protects them and keeps them alive;
they are called happy in the land.
You do not give them up to the will of their enemies.
The Lord sustains them on their sickbed;
in their illness you heal all their infirmities.

As for me, I said, “O Lord, be gracious to me;
heal me, for I have sinned against you.”
My enemies wonder in malice
when I will die, and my name perish.
And when they come to see me, they utter empty words,
while their hearts gather mischief;
when they go out, they tell it abroad.
All who hate me whisper together about me;
they imagine the worst for me.

They think that a deadly thing has fastened on me,
that I will not rise again from where I lie.
Even my bosom friend in whom I trusted,
who ate of my bread, has lifted the heel against me.
But you, O Lord, be gracious to me,
and raise me up, that I may repay them.

By this I know that you are pleased with me;
because my enemy has not triumphed over me.
But you have upheld me because of my integrity,

and set me in your presence for ever.

Blessed be the Lord, the God of Israel,
from everlasting to everlasting.
Amen and Amen.

QUOTE

“Fasting ends lust, roots out bad thoughts, frees one from evil dreams. Fasting makes for purity of prayer, an enlightened soul, a watchful mind, a deliverance from blindness. Fasting is the door of compunction, humble sighing, joyful contrition, an end to chatter, an occasion for silence, a custodian of obedience, a lightening of sleep, health of the body and a gent of dispassion, a remission of sins, the gate, indeed the delight of Paradise.”
St. John Climacus

Re: - posted by sermonindex (), on: 2019/3/12 10:15

March 12 - Tuesday

“Until we’ve learned to go to the cross and speak death to our ego-drives that lust against the Spirit, there can be no reality in the Christian life.”
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

PRAYER

Grant to your people, Lord, grace to withstand the temptations of the world, the flesh, and the devil, and with pure hearts and minds to follow you, the only true God; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 45
Ode for a Royal Wedding

To the leader: according to Lilies. Of the Korahites. A Maskil. A love song.

My heart overflows with a goodly theme;
I address my verses to the king;
my tongue is like the pen of a ready scribe.

You are the most handsome of men;
grace is poured upon your lips;
therefore God has blessed you for ever.
Gird your sword on your thigh, O mighty one,
in your glory and majesty.

In your majesty ride on victoriously
for the cause of truth and to defend the right;
let your right hand teach you dread deeds.
Your arrows are sharp
in the heart of the king’s enemies;
the peoples fall under you.

Your throne, O God, endures for ever and ever.
Your royal sceptre is a sceptre of equity;
you love righteousness and hate wickedness.
Therefore God, your God, has anointed you
with the oil of gladness beyond your companions;
your robes are all fragrant with myrrh and aloes and cassia.
From ivory palaces stringed instruments make you glad;
daughters of kings are among your ladies of honour;
at your right hand stands the queen in gold of Ophir.

Hear, O daughter, consider and incline your ear;
forget your people and your father's house,
and the king will desire your beauty.
Since he is your lord, bow to him;
the people of Tyre will seek your favour with gifts,
the richest of the people with all kinds of wealth.

The princess is decked in her chamber with gold-woven robes;
in many-coloured robes she is led to the king;
behind her the virgins, her companions, follow.
With joy and gladness they are led along
as they enter the palace of the king.

In the place of ancestors you, O king, shall have sons;
you will make them princes in all the earth.
I will cause your name to be celebrated in all generations;
therefore the peoples will praise you for ever and ever.

Re: - posted by sermonindex (), on: 2019/3/13 20:51

March 13 - Wednesday

Silent prayers become loud knocks at the door of mercy during Lent Season; therefore, let us pray without ceasing. - K. P. Yohannan

PRAYER

Bless us, O God, in this holy season, in which our hearts seek your help and healing; and so purify us by your discipline that we may grow in grace and in the knowledge of our Lord and Saviour Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 119:49-72

Remember your word to your servant,
in which you have made me hope.
This is my comfort in my distress,
that your promise gives me life.
The arrogant utterly deride me,
but I do not turn away from your law.
When I think of your ordinances from of old,
I take comfort, O Lord.
Hot indignation seizes me because of the wicked,

those who forsake your law.
Your statutes have been my songs
wherever I make my home.
I remember your name in the night, O Lord,
and keep your law.
This blessing has fallen to me,
for I have kept your precepts.

The Lord is my portion;
I promise to keep your words.
I implore your favour with all my heart;
be gracious to me according to your promise.
When I think of your ways,
I turn my feet to your decrees;
I hurry and do not delay
to keep your commandments.
Though the cords of the wicked ensnare me,
I do not forget your law.
At midnight I rise to praise you,
because of your righteous ordinances.
I am a companion of all who fear you,
of those who keep your precepts.
The earth, O Lord, is full of your steadfast love;
teach me your statutes.

You have dealt well with your servant,
O Lord, according to your word.
Teach me good judgement and knowledge,
for I believe in your commandments.
Before I was humbled I went astray,
but now I keep your word.
You are good and do good;
teach me your statutes.
The arrogant smear me with lies,
but with my whole heart I keep your precepts.
Their hearts are fat and gross,
but I delight in your law.
It is good for me that I was humbled,
so that I might learn your statutes.
The law of your mouth is better to me
than thousands of gold and silver pieces.

QUOTE

This is the mark of Christianity: however much a man toils, and however many righteous deeds he performs, to feel that he has done nothing, and in fasting to say, "This is not fasting," and in praying, "This is not prayer," and in perseverance at prayer, "I have shown no perseverance; I am only just beginning to practice and to take pains"; and even if he is righteous before God, he should say, "I am not righteous, not I; I do not take pains, but only make a beginning every day."
St. Macarius of Egypt (c. 300-391)

Re: - posted by sermonindex (), on: 2019/3/14 10:13

March 14 - Thursday

PRAYER

Strengthen us, O Lord, by your grace, that in your might we may overcome all spiritual enemies, and with pure hearts serve you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 50
The Acceptable Sacrifice

A Psalm of Asaph.

The mighty one, God the Lord,
speaks and summons the earth
from the rising of the sun to its setting.
Out of Zion, the perfection of beauty,
God shines forth.

Our God comes and does not keep silence,
before him is a devouring fire,
and a mighty tempest all around him.
He calls to the heavens above
and to the earth, that he may judge his people:
"Gather to me my faithful ones,
who made a covenant with me by sacrifice!"
The heavens declare his righteousness,
for God himself is judge. Selah

"Hear, O my people, and I will speak,
O Israel, I will testify against you.
I am God, your God.
Not for your sacrifices do I rebuke you;
your burnt-offerings are continually before me.
I will not accept a bull from your house,
or goats from your folds.
For every wild animal of the forest is mine,
the cattle on a thousand hills.
I know all the birds of the air,
and all that moves in the field is mine.

"If I were hungry, I would not tell you,
for the world and all that is in it is mine.
Do I eat the flesh of bulls,
or drink the blood of goats?
Offer to God a sacrifice of thanksgiving,
and pay your vows to the Most High.
Call on me in the day of trouble;
I will deliver you, and you shall glorify me."
™

But to the wicked God says:
"What right have you to recite my statutes,
or take my covenant on your lips?"

For you hate discipline,
and you cast my words behind you.
You make friends with a thief when you see one,
and you keep company with adulterers.

“You give your mouth free rein for evil,
and your tongue frames deceit.
You sit and speak against your kin;
you slander your own mother’s child.
These things you have done and I have been silent;
you thought that I was one just like yourself.
But now I rebuke you, and lay the charge before you.

“Mark this, then, you who forget God,
or I will tear you apart, and there will be no one to deliver.
Those who bring thanksgiving as their sacrifice honour me;
to those who go the right way
I will show the salvation of God.”

Re: - posted by sermonindex (), on: 2019/3/15 9:06

March 15 - Friday

PRAYER

Lord Christ, our eternal Redeemer, grant us such fellowship in your sufferings, that, filled with your Holy Spirit, we may subdue the flesh to the spirit, and the spirit to you, and at the last attain to the glory of your resurrection; who lives and reign with the Father and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 40
Thanksgiving for Deliverance and Prayer for Help

To the leader. Of David. A Psalm.

I waited patiently for the Lord;
he inclined to me and heard my cry.
He drew me up from the desolate pit,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.
He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the Lord.

Happy are those who make
the Lord their trust,
who do not turn to the proud,
to those who go astray after false gods.
You have multiplied, O Lord my God,
your wondrous deeds and your thoughts towards us;
none can compare with you.

Were I to proclaim and tell of them,
they would be more than can be counted.

Sacrifice and offering you do not desire,
but you have given me an open ear.
Burnt offering and sin offering
you have not required.
Then I said, "Here I am;
in the scroll of the book it is written of me.
I delight to do your will, O my God;
your law is within my heart."

I have told the glad news of deliverance
in the great congregation;
see, I have not restrained my lips,
as you know, O Lord.
I have not hidden your saving help within my heart,
I have spoken of your faithfulness and your salvation;
I have not concealed your steadfast love and your faithfulness
from the great congregation.

Do not, O Lord, withhold
your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever.
For evils have encompassed me
without number;
my iniquities have overtaken me,
until I cannot see;
they are more than the hairs of my head,
and my heart fails me.

Be pleased, O Lord, to deliver me;
O Lord, make haste to help me.
Let all those be put to shame and confusion
who seek to snatch away my life;
let those be turned back and brought to dishonour
who desire my hurt.
Let those be appalled because of their shame
who say to me, "Aha, Aha!"

But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, "Great is the Lord!"
As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God.

QUOTE

"Lent is an opportunity to deepen the meaning of our Christian lives to rediscover the mercy of God so that we become more merciful toward others."
Benedict XVI

Re: - posted by sermonindex (), on: 2019/3/15 9:06

March 15 - Friday

PRAYER

Lord Christ, our eternal Redeemer, grant us such fellowship in your sufferings, that, filled with your Holy Spirit, we may subdue the flesh to the spirit, and the spirit to you, and at the last attain to the glory of your resurrection; who lives and reign with the Father and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 40

Thanksgiving for Deliverance and Prayer for Help

To the leader. Of David. A Psalm.

I waited patiently for the Lord;
he inclined to me and heard my cry.
He drew me up from the desolate pit,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.
He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the Lord.

Happy are those who make
the Lord their trust,
who do not turn to the proud,
to those who go astray after false gods.
You have multiplied, O Lord my God,
your wondrous deeds and your thoughts towards us;
none can compare with you.
Were I to proclaim and tell of them,
they would be more than can be counted.

Sacrifice and offering you do not desire,
but you have given me an open ear.
Burnt offering and sin offering
you have not required.
Then I said, "Here I am;
in the scroll of the book it is written of me.
I delight to do your will, O my God;
your law is within my heart."

I have told the glad news of deliverance
in the great congregation;
see, I have not restrained my lips,
as you know, O Lord.
I have not hidden your saving help within my heart,
I have spoken of your faithfulness and your salvation;
I have not concealed your steadfast love and your faithfulness
from the great congregation.

Do not, O Lord, withhold

your mercy from me;
let your steadfast love and your faithfulness
keep me safe for ever.
For evils have encompassed me
without number;
my iniquities have overtaken me,
until I cannot see;
they are more than the hairs of my head,
and my heart fails me.

Be pleased, O Lord, to deliver me;
O Lord, make haste to help me.
Let all those be put to shame and confusion
who seek to snatch away my life;
let those be turned back and brought to dishonour
who desire my hurt.
Let those be appalled because of their shame
who say to me, "Aha, Aha!"

But may all who seek you
rejoice and be glad in you;
may those who love your salvation
say continually, "Great is the Lord!"
As for me, I am poor and needy,
but the Lord takes thought for me.
You are my help and my deliverer;
do not delay, O my God.

QUOTE

"Lent is an opportunity to deepen the meaning of our Christian lives to rediscover the mercy of God so that we become more merciful toward others."
Benedict XVI

Re: - posted by sermonindex (), on: 2019/3/16 17:19

March 16 - Saturday

PRAYER

O God, by your Word you marvellously carry out the work of reconciliation: Grant that in our Lenten fast we may be devoted to you with all our hearts, and united with one another in prayer and holy love; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 55
Complaint about a Friend's Treachery

To the leader: with stringed instruments. A Maskil of David.

Give ear to my prayer, O God;
do not hide yourself from my supplication.
Attend to me, and answer me;

I am troubled in my complaint.
I am distraught by the noise of the enemy,
because of the clamour of the wicked.
For they bring trouble upon me,
and in anger they cherish enmity against me.

My heart is in anguish within me,
the terrors of death have fallen upon me.
Fear and trembling come upon me,
and horror overwhelms me.
And I say, "O that I had wings like a dove!
I would fly away and be at rest;
truly, I would flee far away;
I would lodge in the wilderness;"
Selah
I would hurry to find a shelter for myself
from the raging wind and tempest.

Confuse, O Lord, confound their speech;
for I see violence and strife in the city.
Day and night they go around it
on its walls,
and iniquity and trouble are within it;
ruin is in its midst;
oppression and fraud
do not depart from its marketplace.

It is not enemies who taunt me
I could bear that;
it is not adversaries who deal insolently with me
I could hide from them.
But it is you, my equal,
my companion, my familiar friend,
with whom I kept pleasant company;
we walked in the house of God with the throng.
Let death come upon them;
let them go down alive to Sheol;
for evil is in their homes and in their hearts.

But I call upon God,
and the Lord will save me.
Evening and morning and at noon
I utter my complaint and moan,
and he will hear my voice.
He will redeem me unharmed
from the battle that I wage,
for many are arrayed against me.
God, who is enthroned from of old,
Selah
will hear, and will humble them
because they do not change,
and do not fear God.

My companion laid hands on a friend
and violated a covenant with me
with speech smoother than butter,
but with a heart set on war;
with words that were softer than oil,
but in fact were drawn swords.

Cast your burden on the Lord,
and he will sustain you;
he will never permit
the righteous to be moved.

But you, O God, will cast them down
into the lowest pit;
the bloodthirsty and treacherous
shall not live out half their days.
But I will trust in you.

QUOTE

If we can only start to make sacrifices in the small thingsâ€then it will be much easier to say no to the world and the flesh when we have to make big decisions.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: Lent Season 2019 on SermonIndex - posted by Lysa (), on: 2019/3/17 8:38

The following are always in the calendars that I've bought at Wal-Mart and one year the Lord led me to them (to investigate them) and to fast during that time:

Purim Wed-Thurs, March 20-21, 2019

Held on the 14th day of the Hebrew month Adar. Purim commemorates the day Esther, Queen of Persia and her fast.

Passover April 19 - April 27, 2019

If you have never taken part in a Seder celebration, YOU SHOULD!!! I wept during the first one. Everything in a Seder points to Christ! It's so beautiful. Find one near you. Messianic Jewish congregations hold them but regular churches invite them in too.

Jesus is coming soon, don't let this experience pass you by!!

God bless you,
Lisa

Re: - posted by sermonindex (), on: 2019/3/17 9:04

March 17 - Second Sunday in Lent

PRAYER

Thematic Prayer

God of wilderness and water,
your Son was baptized and tempted as we are.
Guide us through this season,
that we may not avoid struggle,
but open ourselves to blessing,

through the cleansing depths of repentance
and the heaven-rending words of the Spirit. Amen.

Intercessory Prayer

God of the covenant,
you call us to be fruitful servants within creation,
and to offer our lives
as the foundation of your realm.
We lay before you the desires of our hearts,
that we may be transformed by their fulfillment.

Prayers of the People, concluding with:

Grant, O God, that the prayers we offer
may be your channel for new and abundant life
not only hoped for,
but worked for,
through faithful word and deed. Amen.

Scripture Prayer

Hope beyond all human hope,
you promised descendants as numerous as the stars
to old Abraham and barren Sarah.
You promise light and salvation
in the midst of darkness and despair,
and promise redemption to a world that will not listen.
Gather us to yourself in tenderness,
open our ears to listen to your word,
and teach us to live faithfully
as people confident of the fulfillment of your promises.
We ask this in the name of Jesus Christ. Amen.

READING

Psalm 27
Triumphant Song of Confidence

Of David.

The Lord is my light and my salvation;
whom shall I fear?
The Lord is the stronghold of my life;
of whom shall I be afraid?

When evildoers assail me
to devour my flesh—my adversaries and foes—
they shall stumble and fall.

Though an army encamp against me,
my heart shall not fear;
though war rise up against me,
yet I will be confident.

One thing I asked of the Lord,

that will I seek after:
to live in the house of the Lord
all the days of my life,
to behold the beauty of the Lord,
and to inquire in his temple.

For he will hide me in his shelter
in the day of trouble;
he will conceal me under the cover of his tent;
he will set me high on a rock.

Now my head is lifted up
above my enemies all around me,
and I will offer in his tent
sacrifices with shouts of joy;
I will sing and make melody to the Lord.

Hear, O Lord, when I cry aloud,
be gracious to me and answer me!
"Come," my heart says, "seek his face!"
Your face, Lord, do I seek.
Do not hide your face from me.

Do not turn your servant away in anger,
you who have been my help.
Do not cast me off, do not forsake me,
O God of my salvation!
If my father and mother forsake me,
the Lord will take me up.

Teach me your way, O Lord,
and lead me on a level path
because of my enemies.
Do not give me up to the will of my adversaries,
for false witnesses have risen against me,
and they are breathing out violence.

I believe that I shall see the goodness of the Lord
in the land of the living.
Wait for the Lord;
be strong, and let your heart take courage;
wait for the Lord!

Re: - posted by sermonindex (), on: 2019/3/18 11:59

March 18 - Monday

PRAYER

Let your Spirit, O Lord, come into the midst of us to wash us with the pure water of repentance, and prepare us to be always a living sacrifice to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

READING

Psalm 56

Trust in God under Persecution

To the leader: according to The Dove on Far-off Terebinths. Of David. A Miktam, when the Philistines seized him in Gath

Be gracious to me, O God, for people trample on me;
all day long foes oppress me;
my enemies trample on me all day long,
for many fight against me.
O Most High, when I am afraid,
I put my trust in you.
In God, whose word I praise,
in God I trust; I am not afraid;
what can flesh do to me?

All day long they seek to injure my cause;
all their thoughts are against me for evil.
They stir up strife, they lurk,
they watch my steps.
As they hoped to have my life,
so repay them for their crime;
in wrath cast down the peoples, O God!

You have kept count of my tossings;
put my tears in your bottle.
Are they not in your record?
Then my enemies will retreat
on the day when I call.
This I know, that God is for me.
In God, whose word I praise,
in the Lord, whose word I praise,
in God I trust; I am not afraid.
What can a mere mortal do to me?

My vows to you I must perform, O God;
I will render thank-offerings to you.
For you have delivered my soul from death,
and my feet from falling,
so that I may walk before God
in the light of life.

QUOTE

“We are impressed with size and quantity, but God is immensely more concerned about the quality. God is looking for a few who will walk in purity and holiness.”
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/3/19 10:21

March 19 - Tuesday

PRAYER

O God, you willed to redeem us from all iniquity by your Son: Deliver us when we are tempted to regard sin without abhorrence, and let the virtue of his passion come between us and our mortal enemy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 61
Assurance of God's Protection

To the leader: with stringed instruments. Of David.

Hear my cry, O God;
listen to my prayer.
From the end of the earth I call to you,
when my heart is faint.

Lead me to the rock
that is higher than I;
for you are my refuge,
a strong tower against the enemy.

Let me abide in your tent for ever,
find refuge under the shelter of your wings. Selah
For you, O God, have heard my vows;
you have given me the heritage of those who fear your name.

Prolong the life of the king;
may his years endure to all generations!
May he be enthroned for ever before God;
appoint steadfast love and faithfulness to watch over him!

So I will always sing praises to your name,
as I pay my vows day after day.

Re: - posted by sermonindex (), on: 2019/3/20 14:03

March 20 - Wednesday

PRAYER

O God, you so loved the world that you gave your only-begotten Son to reconcile earth with heaven: Grant that we, loving you above all things, may love our friends in you, and our enemies for your sake; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 72

Prayer for Guidance and Support for the King

Of Solomon.

Give the king your justice, O God,
and your righteousness to a king's son.
May he judge your people with righteousness,
and your poor with justice.
May the mountains yield prosperity for the people,
and the hills, in righteousness.
May he defend the cause of the poor of the people,
give deliverance to the needy,
and crush the oppressor.

May he live while the sun endures,
and as long as the moon, throughout all generations.
May he be like rain that falls on the mown grass,
like showers that water the earth.
In his days may righteousness flourish
and peace abound, until the moon is no more.

May he have dominion from sea to sea,
and from the River to the ends of the earth.
May his foes bow down before him,
and his enemies lick the dust.
May the kings of Tarshish and of the isles
render him tribute,
may the kings of Sheba and Seba
bring gifts.
May all kings fall down before him,
all nations give him service.

For he delivers the needy when they call,
the poor and those who have no helper.
He has pity on the weak and the needy,
and saves the lives of the needy.
From oppression and violence he redeems their life;
and precious is their blood in his sight.

Long may he live!
May gold of Sheba be given to him.
May prayer be made for him continually,
and blessings invoked for him all day long.
May there be abundance of grain in the land;
may it wave on the tops of the mountains;
may its fruit be like Lebanon;
and may people blossom in the cities
like the grass of the field.
May his name endure for ever,
his fame continue as long as the sun.
May all nations be blessed in him;
may they pronounce him happy.

Blessed be the Lord, the God of Israel,

who alone does wondrous things.
Blessed be his glorious name for ever;
may his glory fill the whole earth.
Amen and Amen.

The prayers of David son of Jesse are ended.

QUOTE

Fasting gives birth to prophets and strengthens the powerful; fasting makes lawgivers wise. Fasting is a good safeguard for the soul, a steadfast companion for the body, a weapon for the valiant, and a gymnasium for athletes. Fasting repels temptations, anoints unto piety; it is the comrade of watchfulness and the artificer of chastity. In war it fights bravely, in peace it teaches stillness. It sanctifies the Nazirite and perfects the Priest. For it is not possible to dare to perform sacred actions without fasting, not only in the mystical and true worship of the present era, but also in the symbolic worship offered according to the Law.

St. Basil, Homily on Fasting, 6.

Re: - posted by sermonindex (), on: 2019/3/21 11:51

March 21 - Thursday

PRAYER

O Lord, strong and mighty, Lord of hosts and King of glory: Cleanse our hearts from sin, keep our hands pure, and turn our minds from what is passing away; so that at the last we may stand in your holy place and receive your blessing; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 71

Prayer for Lifelong Protection and Help

In you, O Lord, I take refuge;
let me never be put to shame.
In your righteousness deliver me and rescue me;
incline your ear to me and save me.
Be to me a rock of refuge,
a strong fortress, to save me,
for you are my rock and my fortress.

Rescue me, O my God, from the hand of the wicked,
from the grasp of the unjust and cruel.
For you, O Lord, are my hope,
my trust, O Lord, from my youth.
Upon you I have leaned from my birth;
it was you who took me from my mother's womb.
My praise is continually of you.

I have been like a portent to many,
but you are my strong refuge.
My mouth is filled with your praise,
and with your glory all day long.
Do not cast me off in the time of old age;

do not forsake me when my strength is spent.
For my enemies speak concerning me,
and those who watch for my life consult together.
They say, "Pursue and seize that person
whom God has forsaken,
for there is no one to deliver."

O God, do not be far from me;
O my God, make haste to help me!
Let my accusers be put to shame and consumed;
let those who seek to hurt me
be covered with scorn and disgrace.
But I will hope continually,
and will praise you yet more and more.
My mouth will tell of your righteous acts,
of your deeds of salvation all day long,
though their number is past my knowledge.
I will come praising the mighty deeds of the Lord God,
I will praise your righteousness, yours alone.

O God, from my youth you have taught me,
and I still proclaim your wondrous deeds.
So even to old age and grey hairs,
O God, do not forsake me,
until I proclaim your might
to all the generations to come.
Your power and your righteousness, O God,
reach the high heavens.

You who have done great things,
O God, who is like you?
You who have made me see many troubles and calamities
will revive me again;
from the depths of the earth
you will bring me up again.
You will increase my honour,
and comfort me once again.

I will also praise you with the harp
for your faithfulness, O my God;
I will sing praises to you with the lyre,
O Holy One of Israel.
My lips will shout for joy
when I sing praises to you;
my soul also, which you have rescued.
All day long my tongue will talk of your righteous help,
for those who tried to do me harm
have been put to shame, and disgraced.

Re: - posted by sermonindex (), on: 2019/3/23 13:51

Saturday - March 23

PRAYER

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, fo

r ever and ever. Amen.

READING

Psalm 75

Thanksgiving for God's Wondrous Deeds

To the leader: Do Not Destroy. A Psalm of Asaph. A Song.

We give thanks to you, O God;
we give thanks; your name is near.
People tell of your wondrous deeds.

At the set time that I appoint
I will judge with equity.
When the earth totters, with all its inhabitants,
it is I who keep its pillars steady. Selah
I say to the boastful, "Do not boast",
and to the wicked, "Do not lift up your horn;
do not lift up your horn on high,
or speak with insolent neck."

For not from the east or from the west
and not from the wilderness comes lifting up;
but it is God who executes judgement,
putting down one and lifting up another.
For in the hand of the Lord there is a cup
with foaming wine, well mixed;
he will pour a draught from it,
and all the wicked of the earth
shall drain it down to the dregs.
But I will rejoice for ever;
I will sing praises to the God of Jacob.

All the horns of the wicked I will cut off,
but the horns of the righteous shall be exalted.

Re: - posted by sermonindex (), on: 2019/3/24 16:38

Third Sunday in Lent - March 24

PRAYER

Thematic Prayer

God of wilderness and water,
your Son was baptized and tempted as we are.
Guide us through this season,
that we may not avoid struggle,
but open ourselves to blessing,
through the cleansing depths of repentance
and the heaven-rending words of the Spirit. Amen.

Intercessory Prayer

Faithful God of love,
you blessed us with your servant Son
so that we might know how to serve your people
with justice and with mercy.

We gather the needs of ourselves and others,
and offer them to you in faith and love,
seeking to be strengthened to meet them.

Prayers of the People, concluding with:

Shape us and transform us by your grace,
that we may grow in wisdom and in confidence,
never faltering until we have done all that you desire
to bring your realm of shalom to fulfillment. Amen.

Scripture Prayer

God of infinite goodness,
throughout the ages you have persevered
in claiming and reclaiming your people.
Renew for us your call to repentance,
surround us with witnesses to aid us in our journey,
and grant us the time to fashion our lives anew,
through Jesus Christ our Saviour. Amen.

READING

Psalm 63:1-8

Comfort and Assurance in God's Presence

A Psalm of David, when he was in the Wilderness of Judah.

O God, you are my God, I seek you,
my soul thirsts for you;
my flesh faints for you,
as in a dry and weary land where there is no water.
So I have looked upon you in the sanctuary,
beholding your power and glory.
Because your steadfast love is better than life,
my lips will praise you.
So I will bless you as long as I live;
I will lift up my hands and call on your name.

My soul is satisfied as with a rich feast,
and my mouth praises you with joyful lips
when I think of you on my bed,
and meditate on you in the watches of the night;
for you have been my help,
and in the shadow of your wings I sing for joy.
My soul clings to you;
your right hand upholds me.

Re: - posted by sermonindex (), on: 2019/3/25 12:04

March 25 - Monday

PRAYER

Thematic Prayer

O God,
we rejoice in your salvation,
for your Spirit brought to life in Mary
the one who saves your people from their sins.
Send your Spirit on your church
to quicken all that is barren in us,
that we may give birth to Christ
for our world today. Amen.

Intercessory Prayer

O Loving One,
your daughter Mary prayed to be your faithful servant.
Hear the prayers of our hearts on behalf of your world.

Prayers of the People, concluding with:

Ever-surprising One,
as your messenger came to Mary
with words of your favour
and the pledge of wondrous new life,
may we, in our day,
prove ourselves
as ready to serve you,
and as willing to bear the life you offer,
for the blessing of our world. Amen.

Scripture Prayer

God of impossibilities,
you chose to enter human flesh
through the one who called herself lowly.
Teach us who daily receive announcements of Christ's coming
to live as Mary did,
trusting in your power
to bring your desire to fulfillment. Amen.

READING

Psalm 45
Ode for a Royal Wedding

To the leader: according to Lilies. Of the Korahites. A Maskil. A love song.

My heart overflows with a goodly theme;
I address my verses to the king;
my tongue is like the pen of a ready scribe.

You are the most handsome of men;
grace is poured upon your lips;
therefore God has blessed you for ever.
Gird your sword on your thigh, O mighty one,
in your glory and majesty.

In your majesty ride on victoriously
for the cause of truth and to defend the right;
let your right hand teach you dread deeds.
Your arrows are sharp
in the heart of the king's enemies;
the peoples fall under you.

Your throne, O God, endures for ever and ever.
Your royal sceptre is a sceptre of equity;
you love righteousness and hate wickedness.
Therefore God, your God, has anointed you
with the oil of gladness beyond your companions;
your robes are all fragrant with myrrh and aloes and cassia.
From ivory palaces stringed instruments make you glad;
daughters of kings are among your ladies of honour;
at your right hand stands the queen in gold of Ophir.

Hear, O daughter, consider and incline your ear;
forget your people and your father's house,
and the king will desire your beauty.
Since he is your lord, bow to him;
the people of Tyre will seek your favour with gifts,
the richest of the people with all kinds of wealth.

The princess is decked in her chamber with gold-woven robes;
in many-coloured robes she is led to the king;
behind her the virgins, her companions, follow.
With joy and gladness they are led along
as they enter the palace of the king.

In the place of ancestors you, O king, shall have sons;
you will make them princes in all the earth.
I will cause your name to be celebrated in all generations;
therefore the peoples will praise you for ever and ever.

Re: - posted by sermonindex (), on: 2019/3/26 9:17

March 26 - Tuesday

PRAYER

O Lord, we beseech you mercifully to hear us; and grant that we, to whom you have given a fervent desire to pray, may, by your mighty aid, be defended and comforted in all dangers and adversities; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 78:1-39
God's Goodness and Israel's Ingratitude

A Maskil of Asaph.

Give ear, O my people, to my teaching;
incline your ears to the words of my mouth.
I will open my mouth in a parable;
I will utter dark sayings from of old,
things that we have heard and known,
that our ancestors have told us.
We will not hide them from their children;
we will tell to the coming generation
the glorious deeds of the Lord, and his might,
and the wonders that he has done.

He established a decree in Jacob,
and appointed a law in Israel,
which he commanded our ancestors
to teach to their children;
that the next generation might know them,
the children yet unborn,
and rise up and tell them to their children,
so that they should set their hope in God,
and not forget the works of God,
but keep his commandments;
and that they should not be like their ancestors,
a stubborn and rebellious generation,
a generation whose heart was not steadfast,
whose spirit was not faithful to God.

The Ephraimites, armed with the bow,
turned back on the day of battle.
They did not keep God's covenant,
but refused to walk according to his law.
They forgot what he had done,
and the miracles that he had shown them.
In the sight of their ancestors he worked marvels
in the land of Egypt, in the fields of Zoan.
He divided the sea and let them pass through it,
and made the waters stand like a heap.
In the daytime he led them with a cloud,
and all night long with a fiery light.
He split rocks open in the wilderness,
and gave them drink abundantly as from the deep.
He made streams come out of the rock,
and caused waters to flow down like rivers.

Yet they sinned still more against him,
rebellious against the Most High in the desert.
They tested God in their heart
by demanding the food they craved.
They spoke against God, saying,
"Can God spread a table in the wilderness?
Even though he struck the rock so that water gushed out
and torrents overflowed,
can he also give bread,
or provide meat for his people?"

Therefore, when the Lord heard, he was full of rage;

a fire was kindled against Jacob,
his anger mounted against Israel,
because they had no faith in God,
and did not trust his saving power.
Yet he commanded the skies above,
and opened the doors of heaven;
he rained down on them manna to eat,
and gave them the grain of heaven.
Mortals ate of the bread of angels;
he sent them food in abundance.
He caused the east wind to blow in the heavens,
and by his power he led out the south wind;
he rained flesh upon them like dust,
winged birds like the sand of the seas;
he let them fall within their camp,
all around their dwellings.
And they ate and were well filled,
for he gave them what they craved.
But before they had satisfied their craving,
while the food was still in their mouths,
the anger of God rose against them
and he killed the strongest of them,
and laid low the flower of Israel.

In spite of all this they still sinned;
they did not believe in his wonders.
So he made their days vanish like a breath,
and their years in terror.
When he killed them, they sought for him;
they repented and sought God earnestly.
They remembered that God was their rock,
the Most High God their redeemer.
But they flattered him with their mouths;
they lied to him with their tongues.
Their heart was not steadfast towards him;
they were not true to his covenant.
Yet he, being compassionate,
forgave their iniquity,
and did not destroy them;
often he restrained his anger,
and did not stir up all his wrath.
He remembered that they were but flesh,
a wind that passes and does not come again.

QUOTE

The Lord is looking for individuals who are emptied of self-sufficiency to accept prayerfully the challenge of reaching a billion with salvation. Through prayer you can intervene in these needy lives and situations bringing the power of God into the lives of the lost and lonely.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/3/27 18:26

March 27 - Wednesday

PRAYER

Give ear to our prayers, O Lord, and direct the way of your servants in safety under your protection, that, amid all the changes of our earthly pilgrimage, we may be guarded by your mighty aid; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 119:97-120

Oh, how I love your law!
It is my meditation all day long.
Your commandment makes me wiser than my enemies,
for it is always with me.
I have more understanding than all my teachers,
for your decrees are my meditation.
I understand more than the aged,
for I keep your precepts.
I hold back my feet from every evil way,
in order to keep your word.
I do not turn away from your ordinances,
for you have taught me.
How sweet are your words to my taste,
sweeter than honey to my mouth!
Through your precepts I get understanding;
therefore I hate every false way.

Your word is a lamp to my feet
and a light to my path.
I have sworn an oath and confirmed it,
to observe your righteous ordinances.
I am severely afflicted;
give me life, O Lord, according to your word.
Accept my offerings of praise, O Lord,
and teach me your ordinances.
I hold my life in my hand continually,
but I do not forget your law.
The wicked have laid a snare for me,
but I do not stray from your precepts.
Your decrees are my heritage for ever;
they are the joy of my heart.
I incline my heart to perform your statutes
for ever, to the end.

I hate the double-minded,
but I love your law.
You are my hiding place and my shield;
I hope in your word.
Go away from me, you evildoers,
that I may keep the commandments of my God.
Uphold me according to your promise, that I may live,
and let me not be put to shame in my hope.
Hold me up, that I may be safe

and have regard for your statutes continually.
You spurn all who go astray from your statutes;
for their cunning is in vain.
All the wicked of the earth you count as dross;
therefore I love your decrees.
My flesh trembles for fear of you,
and I am afraid of your judgements.

QUOTE

Are you living for eternal realities, or is your life centred around getting more of the things of this world or protecting what you already have?
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/3/28 15:02

March 28 - Thursday

PRAYER

Keep watch over your Church, O Lord, with your unfailing love; and, since it is grounded in human weakness and cannot maintain itself without your aid, protect it from all danger, and keep it in the way of salvation; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 42
Longing for God and His Help in Distress

To the leader. A Maskil of the Korahites.

As a deer longs for flowing streams,
so my soul longs for you, O God.
My soul thirsts for God,
for the living God.
When shall I come and behold
the face of God?
My tears have been my food
day and night,
while people say to me continually,
"Where is your God?"

These things I remember,
as I pour out my soul:
how I went with the throng,
and led them in procession to the house of God,
with glad shouts and songs of thanksgiving,
a multitude keeping festival.
Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

My soul is cast down within me;
therefore I remember you
from the land of Jordan and of Hermon,
from Mount Mizar.
Deep calls to deep
at the thunder of your cataracts;
all your waves and your billows
have gone over me.
By day the Lord commands his steadfast love,
and at night his song is with me,
a prayer to the God of my life.

I say to God, my rock,
"Why have you forgotten me?
Why must I walk about mournfully
because the enemy oppresses me?"
As with a deadly wound in my body,
my adversaries taunt me,
while they say to me continually,
"Where is your God?"

Why are you cast down, O my soul,
and why are you disquieted within me?
Hope in God; for I shall again praise him,
my help and my God.

QUOTE

Don't let anything stand in the way of giving your best for the cause of Christ.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/3/29 10:12

March 29 - Friday

PRAYER

Grant us, O Lord our Strength, a true love of your holy Name; so that, trusting in your grace, we may fear no earthly evil, nor fix our hearts on earthly goods, but may rejoice in your full salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 88
Prayer for Help in Despondency

A Song. A Psalm of the Korahites. To the leader: according to Mahalath Leannoth. A Maskil of Heman the Ezrahite.

O Lord, God of my salvation,
when, at night, I cry out in your presence,
let my prayer come before you;
incline your ear to my cry.

For my soul is full of troubles,
and my life draws near to Sheol.
I am counted among those who go down to the Pit;
I am like those who have no help,
like those forsaken among the dead,
like the slain that lie in the grave,
like those whom you remember no more,
for they are cut off from your hand.
You have put me in the depths of the Pit,
in the regions dark and deep.
Your wrath lies heavy upon me,
and you overwhelm me with all your waves.â€fSelah

You have caused my companions to shun me;
you have made me a thing of horror to them.
I am shut in so that I cannot escape;
my eye grows dim through sorrow.
Every day I call on you, O Lord;
I spread out my hands to you.
Do you work wonders for the dead?
Do the shades rise up to praise you?â€fSelah
Is your steadfast love declared in the grave,
or your faithfulness in Abaddon?
Are your wonders known in the darkness,
or your saving help in the land of forgetfulness?

But I, O Lord, cry out to you;
in the morning my prayer comes before you.
O Lord, why do you cast me off?,br>Why do you hide your face from me?
Wretched and close to death from my youth up,
I suffer your terrors; I am desperate.
Your wrath has swept over me;
your dread assaults destroy me.
They surround me like a flood all day long;
from all sides they close in on me.
You have caused friend and neighbour to shun me;
my companions are in darkness.

QUOTE

â€œAs Lent is the time for greater love, listen to Jesusâ€™ thirst...â€ Repent and believeâ€™ Jesus tells us. What are we to repent? Our indifference, our hardness of heart. What are we to believe? Jesus thirsts even now, in your heart and in the poor — He knows your weakness. He wants only your love, wants only the chance to love you.â€ Blessed Teresa of Calcutta

Re: - posted by sermonindex (), on: 2019/3/30 16:00

March 30 - Saturday

PRAYER

O God, you know us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant us such strength and protection as may support us in all dangers, and carry us through

In all temptations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 87
The Joy of Living in Zion

Of the Korahites. A Psalm. A Song.

On the holy mount stands the city he founded;
the Lord loves the gates of Zion
more than all the dwellings of Jacob.
Glorious things are spoken of you,
O city of God.â€ŒSelah

Among those who know me I mention Rahab and Babylon;
Philistia too, and Tyre, with Ethiopiaâ€Œ
â€ŒThis one was born there,â€Œ™ they say.

And of Zion it shall be said,
â€ŒThis one and that one were born in itâ€Œ™;
for the Most High himself will establish it.
The Lord records, as he registers the peoples,
â€ŒThis one was born there.â€Œ™â€ŒSelah

Singers and dancers alike say,
â€ŒAll my springs are in you.â€Œ™

QUOTE

Everything that comes into our hands belongs to our Lord and Master, Jesus. Thus we must always hold it loosely, willing for Him to ask us for it at any time, investing it gladly in the salvation of souls and the furtherance of the Gospel.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/3/31 15:17

Fourth Sunday in Lent

PRAYER

Thematic Prayer

God of wilderness and water,
your Son was baptized and tempted as we are.
Guide us through this season,
that we may not avoid struggle,
but open ourselves to blessing,
through the cleansing depths of repentance
and the heaven-rending words of the Spirit. Amen.

Intercessory Prayer

My brothers and sisters:
reconciled to God by the mercy of Christ,
we pray with confidence for the needs of the church and the world.

Prayers of the People, concluding with:

Through Christ you make us a new creation, O God,
for with him we pass from sin to the new life of grace.
Accept our prayers in the warm embrace of your compassion,
and welcome all people to the festive banquet of your table,
where we may rejoice in your love
and celebrate the inheritance you have given to us.
We ask this through Jesus Christ our Lord. Amen.

Scripture Prayer

God of patient love,
you await the return of the wayward and wandering
and eagerly embrace them in pardon.
Through baptism you have clothed us with the glory of Christ
and restored our inheritance:
give us generous hearts
to welcome all who seek a place
at the table of your unconditional love.
We ask this through Jesus Christ our Lord. Amen.

READING

Psalm 32
The Joy of Forgiveness

Of David. A Maskil.

Happy are those whose transgression is forgiven,
whose sin is covered.
Happy are those to whom the Lord imputes no iniquity,
and in whose spirit there is no deceit.

While I kept silence, my body wasted away
through my groaning all day long.
For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer.â€ŒSelah

Then I acknowledged my sin to you,
and I did not hide my iniquity;
I said, â€œI will confess my transgressions to the Lordâ€™™,
and you forgave the guilt of my sin.â€ŒSelah

Therefore let all who are faithful
offer prayer to you;
at a time of distress, the rush of mighty waters
shall not reach them.
You are a hidingâ€Œplace for me;
you preserve me from trouble;
you surround me with glad cries of deliverance.â€ŒSelah

I will instruct you and teach you the way you should go;
I will counsel you with my eye upon you.
Do not be like a horse or a mule, without understanding,
whose temper must be curbed with bit and bridle,
else it will not stay near you.

Many are the torments of the wicked,
but steadfast love surrounds those who trust in the Lord.
Be glad in the Lord and rejoice, O righteous,
and shout for joy, all you upright in heart.

Re: - posted by sermonindex (), on: 2019/4/1 10:06

April 1 - Monday

PRAYER

O Lord our God, in your holy Sacraments you have given us a foretaste of the good things of your kingdom: Direct us, we pray, in the way that leads to eternal life, that we may come to appear before you in that place of light where you dwell for ever with your saints; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 89:1-18
God's Covenant with David

A Maskil of Ethan the Ezrahite.

I will sing of your steadfast love, O Lord, for ever;
with my mouth I will proclaim your faithfulness to all generations.
I declare that your steadfast love is established for ever;
your faithfulness is as firm as the heavens.

You said, "I have made a covenant with my chosen one,
I have sworn to my servant David:
"I will establish your descendants for ever,
and build your throne for all generations." Selah

Let the heavens praise your wonders, O Lord,
your faithfulness in the assembly of the holy ones.
For who in the skies can be compared to the Lord?
Who among the heavenly beings is like the Lord,
a God feared in the council of the holy ones,
great and awesome above all that are around him?
O Lord God of hosts,
who is as mighty as you, O Lord?
Your faithfulness surrounds you.
You rule the raging of the sea;
when its waves rise, you still them.
You crushed Rahab like a carcass;
you scattered your enemies with your mighty arm.
The heavens are yours, the earth also is yours;
the world and all that is in it you have founded them.

The north and the southâ€”you created them;
Tabor and Hermon joyously praise your name.
You have a mighty arm;
strong is your hand, high your right hand.
Righteousness and justice are the foundation of your throne;
steadfast love and faithfulness go before you.
Happy are the people who know the festal shout,
who walk, O Lord, in the light of your countenance;
they exult in your name all day long,
and extol your righteousness.
For you are the glory of their strength;
by your favour our horn is exalted.
For our shield belongs to the Lord,
our king to the Holy One of Israel.

QUOTE

You can live a greedy, self-indulgent life. Or you can choose the way of the cross, living for others as Jesus did and still calls us to imitate today.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/4/2 12:39

April 2 - Tuesday

PRAYER

O God, with you is the well of life, and in your light we see light: Quench our thirst with living water, and flood our darkened minds with heavenly light; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 97
The Glory of Godâ€™s Reign

The Lord is king! Let the earth rejoice;
let the many coastlands be glad!
Clouds and thick darkness are all around him;
righteousness and justice are the foundation of his throne.
Fire goes before him,
and consumes his adversaries on every side.
His lightnings light up the world;
the earth sees and trembles.
The mountains melt like wax before the Lord,
before the Lord of all the earth.

The heavens proclaim his righteousness;
and all the peoples behold his glory.
All worshippers of images are put to shame,
those who make their boast in worthless idols;

all gods bow down before him.
Zion hears and is glad,
and the towns of Judah rejoice,
because of your judgements, O God.
For you, O Lord, are most high over all the earth;
you are exalted far above all gods.

The Lord loves those who hate evil;
he guards the lives of his faithful;
he rescues them from the hand of the wicked.
Light dawns for the righteous,
and joy for the upright in heart.
Rejoice in the Lord, O you righteous,
and give thanks to his holy name!

QUOTE

Christ demands nothing less than lordship of our whole being, including the material blessings we have accumulated in t
his life.
excerpt from Road to Reality
by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/4/3 11:03

April 3 - Wednesday

PRAYER

O Lord our God, you sustained your ancient people in the wilderness with bread from heaven: Feed now your pilgrim flo
ck with the food that endures to everlasting life; through Jesus Christ your Son our Lord, who lives and reigns with you a
nd the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 101
A Sovereign's Pledge of Integrity and Justice

Of David. A Psalm.

I will sing of loyalty and of justice;
to you, O Lord, I will sing.
I will study the way that is blameless.
When shall I attain it?

I will walk with integrity of heart
within my house;
I will not set before my eyes
anything that is base.

I hate the work of those who fall away;
it shall not cling to me.
Perverseness of heart shall be far from me;

I will know nothing of evil.

One who secretly slanders a neighbour
I will destroy.
A haughty look and an arrogant heart
I will not tolerate.

I will look with favour on the faithful in the land,
so that they may live with me;
whoever walks in the way that is blameless
shall minister to me.

No one who practises deceit
shall remain in my house;
no one who utters lies
shall continue in my presence.

Morning by morning I will destroy
all the wicked in the land,
cutting off all evildoers
from the city of the Lord.

QUOTE

In the same way, fasting, vigils, scriptural meditation, nakedness and total deprivation do not constitute perfection but are the means to perfection. They are not in themselves the end point of a discipline, but an end is attained through them
St. John Cassian, Conference One.

Re: - posted by sermonindex (), on: 2019/4/4 10:28

April 4 - Thursday

PRAYER

Almighty and most merciful God, drive from us all weakness of body, mind, and spirit; that, being restored to wholeness, we may with free hearts become what you intend us to be and accomplish what you want us to do; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 69:1-23, (24-30), 31-38
Prayer for Deliverance from Persecution

To the leader: according to Lilies. Of David.

Save me, O God,
for the waters have come up to my neck.
I sink in deep mire,
where there is no foothold;
I have come into deep waters,
and the flood sweeps over me.
I am weary with my crying;
my throat is parched.
My eyes grow dim

with waiting for my God.

More in number than the hairs of my head
are those who hate me without cause;
many are those who would destroy me,
my enemies who accuse me falsely.
What I did not steal
must I now restore?
O God, you know my folly;
the wrongs I have done are not hidden from you.

Do not let those who hope in you be put to shame because of me,
O Lord God of hosts;
do not let those who seek you be dishonoured because of me,
O God of Israel.
It is for your sake that I have borne reproach,
that shame has covered my face.
I have become a stranger to my kindred,
an alien to my mother's children.

It is zeal for your house that has consumed me;
the insults of those who insult you have fallen on me.
When I humbled my soul with fasting,
they insulted me for doing so.
When I made sackcloth my clothing,
I became a byword to them.
I am the subject of gossip for those who sit in the gate,
and the drunkards make songs about me.

But as for me, my prayer is to you, O Lord.
At an acceptable time, O God,
in the abundance of your steadfast love, answer me.
With your faithful help rescue me
from sinking in the mire;
let me be delivered from my enemies
and from the deep waters.
Do not let the flood sweep over me,
or the deep swallow me up,
or the Pit close its mouth over me.

Answer me, O Lord, for your steadfast love is good;
according to your abundant mercy, turn to me.
Do not hide your face from your servant,
for I am in distress—make haste to answer me.
Draw near to me, redeem me,
set me free because of my enemies.

You know the insults I receive,
and my shame and dishonour;
my foes are all known to you.
Insults have broken my heart,
so that I am in despair.
I looked for pity, but there was none;
and for comforters, but I found none.
They gave me poison for food,
and for my thirst they gave me vinegar to drink.

Let their table be a trap for them,

a snare for their allies.

Let their eyes be darkened so that they cannot see,
and make their loins tremble continually.

This will please the Lord more than an ox
or a bull with horns and hoofs.

Let the oppressed see it and be glad;
you who seek God, let your hearts revive.
For the Lord hears the needy,
and does not despise his own that are in bonds.

Let heaven and earth praise him,
the seas and everything that moves in them.
For God will save Zion
and rebuild the cities of Judah;
and his servants shall live there and possess it;
the children of his servants shall inherit it,
and those who love his name shall live in it.

QUOTE

We need to understand that we who belong to Christ have been called to be His slaves, and we no longer have any right
s over our lives.

excerpt from Road to Reality

by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/4/8 12:14

April 8 - Monday

PRAYER

Be gracious to your people, we entreat you, O Lord, that they, repenting day by day of the things that displease you, may
be more and more filled with love of you and of your commandments; and, being supported by your grace in this life, may
come to the full enjoyment of eternal life in your everlasting kingdom; through Jesus Christ our Lord, who lives and reigns
with you and the Holy Spirit, one God, for ever and ever. Amen.

READINGS

Psalm 31

Prayer and Praise for Deliverance from Enemies

To the leader. A Psalm of David.

In you, O Lord, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.
Incline your ear to me;
rescue me speedily.
Be a rock of refuge for me,
a strong fortress to save me.

You are indeed my rock and my fortress;
for your name's sake lead me and guide me,
take me out of the net that is hidden for me,
for you are my refuge.
Into your hand I commit my spirit;

you have redeemed me, O Lord, faithful God.

You hate those who pay regard to worthless idols,
but I trust in the Lord.
I will exult and rejoice in your steadfast love,
because you have seen my affliction;
you have taken heed of my adversities,
and have not delivered me into the hand of the enemy;
you have set my feet in a broad place.

Be gracious to me, O Lord, for I am in distress;
my eye wastes away from grief,
my soul and body also.
For my life is spent with sorrow,
and my years with sighing;
my strength fails because of my misery,
and my bones waste away.

I am the scorn of all my adversaries,
a horror to my neighbours,
an object of dread to my acquaintances;
those who see me in the street flee from me.
I have passed out of mind like one who is dead;
I have become like a broken vessel.
For I hear the whispering of manyâ€™
terror all around!â€™
as they scheme together against me,
as they plot to take my life.

But I trust in you, O Lord;
I say, â€™You are my God.â€™
My times are in your hand;
deliver me from the hand of my enemies and persecutors.
Let your face shine upon your servant;
save me in your steadfast love.
Do not let me be put to shame, O Lord,
for I call on you;
let the wicked be put to shame;
let them go dumbfounded to Sheol.
Let the lying lips be stilled
that speak insolently against the righteous
with pride and contempt.

O how abundant is your goodness
that you have laid up for those who fear you,
and accomplished for those who take refuge in you,
in the sight of everyone!
In the shelter of your presence you hide them
from human plots;
you hold them safe under your shelter
from contentious tongues.

Blessed be the Lord,
for he has wondrously shown his steadfast love to me
when I was beset as a city under siege.
I had said in my alarm,
â€™I am driven far from your sight.â€™
But you heard my supplications

when I cried out to you for help.

Love the Lord, all you his saints.
The Lord preserves the faithful,
but abundantly repays the one who acts haughtily.
Be strong, and let your heart take courage,
all you who wait for the Lord.

QUOTE

Humility, fasting, prayer, watchfulness. These are the tools which advance men and women toward holiness, and they are the fruits, too, of that advancement. Humility brings us to a more realistic and understanding view of ourselves, and thus of the grace of God. Fasting trains the body, so long left to unrestrained gluttony, and through its training brings clarity to the mind and soul. Prayer lifts our whole being into the embrace of God and propels us to divine union. Finally, watchfulness brings our whole mind and soul to rest in the heart, there to know the love and grace of God. It is the tool by which we are guided by Christ to know good from evil, to maintain the former in our person and repel the latter before it has the opportunity to work harm in our lives. The combined use of these tools brings us closer to Christ, who has promised that whoever knocks, to him the door shall be opened.

Hesychios the Priest

Re: - posted by sermonindex (), on: 2019/4/12 22:06

April 12 - Friday

PRAYER

O Lord, you relieve our necessity out of the abundance of your great riches: Grant that we may accept with joy the salvation you bestow, and manifest it to all the world by the quality of our lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

READING

Psalm 22
Plea for Deliverance from Suffering and Hostility
To the leader: according to The Deer of the Dawn. A Psalm of David.

My God, my God, why have you forsaken me?
Why are you so far from helping me, from the words of my groaning?
O my God, I cry by day, but you do not answer;
and by night, but find no rest.

Yet you are holy,
enthroned on the praises of Israel.
In you our ancestors trusted;
they trusted, and you delivered them.
To you they cried, and were saved;
in you they trusted, and were not put to shame.

But I am a worm, and not human;
scorned by others, and despised by the people.
All who see me mock at me;
they make mouths at me, they shake their heads;
â€œCommit your cause to the Lord; let him deliverâ€

let him rescue the one in whom he delights!â€™™

Yet it was you who took me from the womb;
you kept me safe on my motherâ€™™s breast.
On you I was cast from my birth,
and since my mother bore me you have been my God.
Do not be far from me,
for trouble is near
and there is no one to help.

Many bulls encircle me,
strong bulls of Bashan surround me;
they open wide their mouths at me,
like a ravening and roaring lion.

I am poured out like water,
and all my bones are out of joint;
my heart is like wax;
it is melted within my breast;
my mouth is dried up like a potsherd,
and my tongue sticks to my jaws;
you lay me in the dust of death.

For dogs are all around me;
a company of evildoers encircles me.
My hands and feet have shrivelled;
I can count all my bones.
They stare and gloat over me;
they divide my clothes among themselves,
and for my clothing they cast lots.

But you, O Lord, do not be far away!
O my help, come quickly to my aid!
Deliver my soul from the sword,
my life from the power of the dog!
Save me from the mouth of the lion!

From the horns of the wild oxen you have rescued me.
I will tell of your name to my brothers and sisters;
in the midst of the congregation I will praise you:
You who fear the Lord, praise him!
All you offspring of Jacob, glorify him;
stand in awe of him, all you offspring of Israel!
For he did not despise or abhor
the affliction of the afflicted;
he did not hide his face from me,
but heard when I cried to him.

From you comes my praise in the great congregation;
my vows I will pay before those who fear him.
The poor shall eat and be satisfied;
those who seek him shall praise the Lord.
May your hearts live for ever!

All the ends of the earth shall remember
and turn to the Lord;
and all the families of the nations
shall worship before him.

For dominion belongs to the Lord,
and he rules over the nations.

To him, indeed, shall all who sleep in the earth bow down;
before him shall bow all who go down to the dust,
and I shall live for him.
Posterity will serve him;
future generations will be told about the Lord,
and proclaim his deliverance to a people yet unborn,
saying that he has done it.

QUOTE

I will also relate the manner in which we dedicated ourselves to God when we had been made new through Christ; lest, if we omit this, we seem to be unfair in the explanation we are making. As many as are persuaded and believe that what we teach and say is true, and undertake to be able to live accordingly, are instructed to pray and to entreat God with fasting, for the remission of their sins that are past, we praying and fasting with them.
Justin Martyr The First Apology, Ch. LXI

Re: - posted by sermonindex (), on: 2019/4/13 20:36

April 13 - Saturday

PRAYER

O Lord, in your goodness you bestow abundant graces on your elect: Look with favour, we entreat you, upon those who in these Lenten days are being prepared for Holy Baptism, and grant them the help of your protection; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

READING

Psalm 137:1-6, (7-9)
Lament over the Destruction of Jerusalem

By the rivers of Babylon
there we sat down and there we wept
when we remembered Zion.
On the willows there
we hung up our harps.
For there our captors
asked us for songs,
and our tormentors asked for mirth, saying,
"Sing us one of the songs of Zion!"

How could we sing the Lord's song
in a foreign land?
If I forget you, O Jerusalem,
let my right hand wither!
Let my tongue cling to the roof of my mouth,
if I do not remember you,
if I do not set Jerusalem
above my highest joy.

QUOTE

Each of us, in our own personal daily walk and work, is led through trials and tribulations. These test our faith and should spur us to a life of more prayer and deeper dependence upon God.

excerpt from Road to Reality

by Dr. K.P. Yohannan, Metropolitan

Re: - posted by sermonindex (), on: 2019/4/20 13:24

Lord Jesus Christ, Son of the living God, we pray you to set your passion, cross, and death between your judgment and our souls, now and in the hour of our death. Give mercy and grace to the living; pardon and rest to the dead; to your holy Church peace and concord; and to us sinners everlasting life and glory; for with the Father and the Holy Spirit you live and reign, one God, now and for ever. Amen.

Re: - posted by sermonindex (), on: 2019/4/20 13:25

Holy Saturday - April 20

PRAYER

Thematic Prayer

Almighty God,
Your name is glorified
even in the anguish of your Son's death.
Grant us the courage
to receive your anointed servant
who embodies a wisdom and love
that is foolishness to the world.
empower us in witness
so that all the world may recognize
in the scandal of the cross the mystery of reconciliation. Amen.

Intercessory Prayer

O God, whose face shines upon us,
we offer the prayers we carry deep in our hearts
that those who need deliverance
may know your steadfast love and salvation.

Prayers of the People, concluding with:

Merciful God,
release us from the time of trial and oppression,
that we may witness to the eternal hope
of grief becoming joy
and life rising from death. Amen.

Scripture Prayer

Eternal God, rock and refuge:
with roots grown old in the earth,
river beds run dry,
and flowers withered in the field,

we wait for revival and release.
Abide with us
until we come alive
in the sunrise of your glory. Amen.

READING

Psalm 31:1-4, 15-16
Prayer and Praise for Deliverance from Enemies

To the leader. A Psalm of David.

In you, O Lord, I seek refuge;
do not let me ever be put to shame;
in your righteousness deliver me.
Incline your ear to me;
rescue me speedily.
Be a rock of refuge for me,
a strong fortress to save me.

You are indeed my rock and my fortress;
for your name's sake lead me and guide me,
take me out of the net that is hidden for me,
for you are my refuge.

My times are in your hand;
deliver me from the hand of my enemies and persecutors.
Let your face shine upon your servant;
save me in your steadfast love.

Re: - posted by sermonindex (), on: 2019/4/21 6:32

Easter Sunday - April 21

PRAYER

Thematic Prayer

Mighty God,
in whom we know the power of redemption,
you stand among us in the shadows of our time.
As we move through every sorrow and trial of this life,
uphold us with knowledge of the final morning
when, in the glorious presence of your risen Son,
we will share in his resurrection,
redeemed and restored to the fullness of life
and forever freed to be your people. Amen.

Intercessory Prayer

Let us pray for the needs of the church and the world
to God who raised Jesus to new life.

Prayers of the People, concluding with:

Through the resurrection of your son, O God,

you destroy the power of death
and remove your people's shame.
By the power of the Spirit,
raise us from sin
and seat us at the paschal feast,
that we may rejoice in the gift of salvation
Jesus has won for us. Amen.

Scripture Prayer

We exult in your love,
O God of the living,
for you made the tomb of death
the womb from which you bring forth your Son,
the first-born of a new creation,
and you anointed the universe
with the fragrant Spirit of his resurrection.
Make us joyful witnesses to this good news,
that all humanity may one day
gather at the feast of new life
in the kingdom where you reign
for ever and ever. Amen.

READING

St. John 20:1-18
The Resurrection of Jesus

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went towards the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not understand the scripture, that he must rise from the dead. Then the disciples returned to their homes.

Jesus Appears to Mary Magdalene

But Mary stood weeping outside the tomb. As she wept, she bent over to look into the tomb; and she saw two angels in white, sitting where the body of Jesus had been lying, one at the head and the other at the feet. They said to her, "Woman, why are you weeping?" She said to them, "They have taken away my Lord, and I do not know where they have laid him." When she had said this, she turned round and saw Jesus standing there, but she did not know that it was Jesus. Jesus said to her, "Woman, why are you weeping? For whom are you looking?" Supposing him to be the gardener, she said to him, "Sir, if you have carried him away, tell me where you have laid him, and I will take him away." Jesus said to her, "Mary!" She turned and said to him in Hebrew, "Rabbouni!" (which means Teacher). Jesus said to her, "Do not hold on to me, because I have not yet ascended to the Father. But go to my brothers and say to them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene went and announced to the disciples, "I have seen the Lord"; and she told them that he had said these things to her.